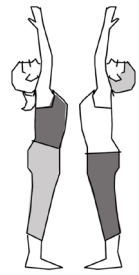




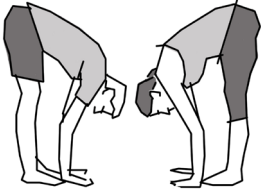
Centering
Back to Back



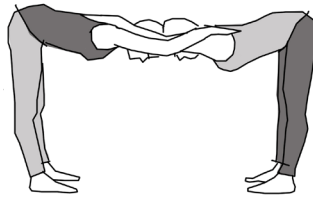
Chest Opener



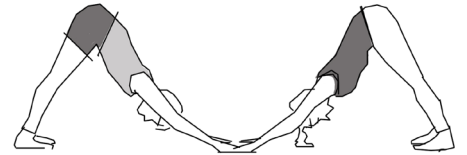
Mountain



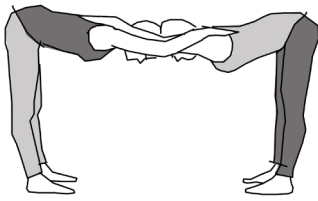
Forward Bend



Bridge



Downward Dog

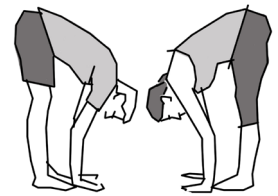


Bridge

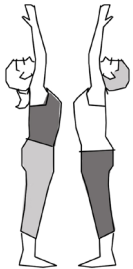
Sun Salutation

Partner Yoga Poses

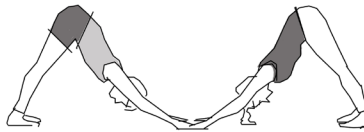
1



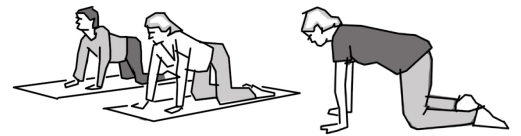
Forward Bend



Mountain



Downward Down



Table



Side Twists



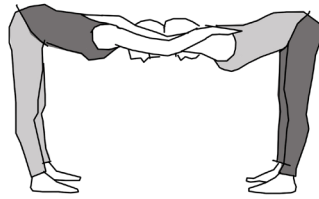
Sun



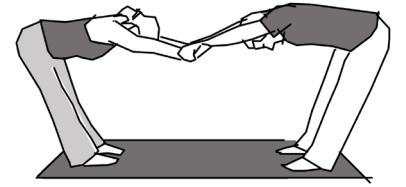
Palm to Palm



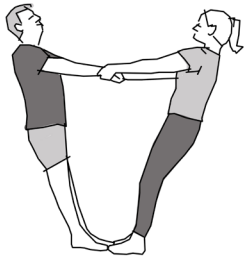
Shoulder Opener



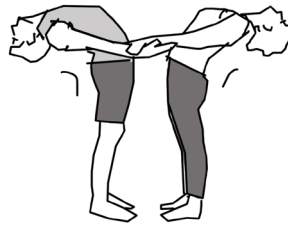
Bridge



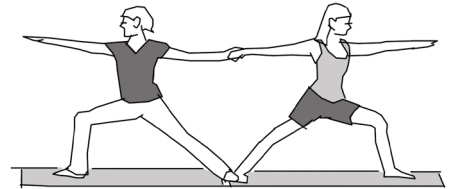
Suspension Bridge



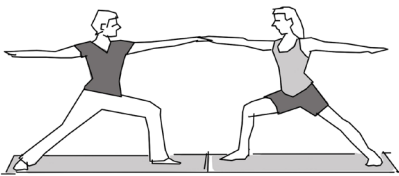
Standing V



Back Arch



*Side-Stepping
Warrior*



Front Facing Warrior

Sun Salutation

Partner Yoga Poses

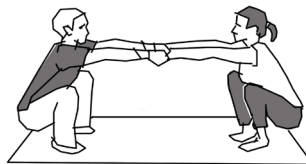
2



Chair Sit



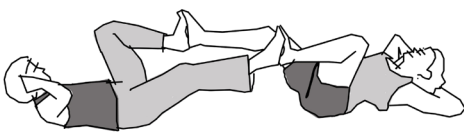
Tree



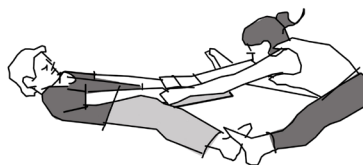
Partner Sit



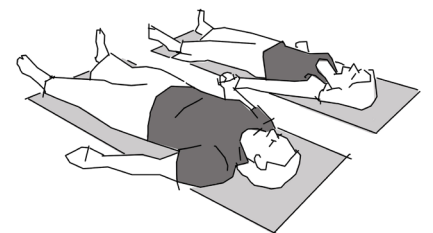
Child's Pose



Bicycle



Boat Row



Rest