

PINEHURST ACTIVITY GUIDE

September 2019 to January 2020



Pinehurst Parks & Recreation

910-295-2817

395 Magnolia Road, Pinehurst, NC 28374

parksandrec@vopnc.org | www.pinehurstrec.org

Staff Directory

| | | | |
|---------------------|------------------------------------|---------------------|--------------|
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Registration Guidelines & Policies

PRE-REGISTRATION IS REQUIRED!

Participation for all programs is on a first paid, first served basis. Participants can register online at www.pinehurstrec.org or in person at the Recreation Department (Village Hall, at 395 Magnolia Road). Payment is due at the time of registration—there are no exceptions! Checks should be made payable to the Pinehurst Parks and Recreation Department. All registration is open until the activity is filled unless stated otherwise.

PROGRAM CANCELLATIONS

We reserve the right to cancel any class, activity, or event because of failure to pre-register. To prevent cancellations, please pre-register with the Recreation Department. If there is a cancellation, a credit or refund will be issued. Any program canceled or postponed due to inclement weather will be announced by email, telephone or social media. Every effort will be made to notify the participants and refund requests will be processed (minus a \$10.00 administrative fee).

INDIGENT YOUTH POLICY

No Pinehurst resident youth will be denied participation based on their ability to pay.

Three Easy Ways to Register

- ① **ONLINE**
www.pinehurstrec.org
- ② **IN PERSON**
Registrations are accepted at the front desk of Village Hall, 395 Magnolia Road.
- ③ **BY PHONE**
Call 910-295-1900 and have your credit card ready to register by phone during business hours.

DON'T WAIT TO REGISTER!

Be sure to register early for classes. Classes that don't meet their minimum enrollment are generally canceled, so your registration could make the difference.

Rassie Wicker Park Availability Limited Beginning in August

Construction is anticipated to be completed in August on the temporary home for Pinehurst Elementary School at Rassie Wicker Park. As a result, public access to site amenities will be restricted during school hours beginning on Monday, August 26, 2019. Specifically, the Splash Pad, the newly renovated playground, the covered shelter, restrooms, tennis courts, shuffleboard and bocce ball courts, and the hockey rink will all be closed to the public between the hours of 7:00am and 4:30pm on weekdays. Use on Saturdays and Sundays will not be affected.

Once the school year begins on August 26, 2019, the following schedule will be in place for the site amenities at Rassie Wicker Park:

| | |
|---------------|-----------------------------------------------------------------|
| Restrooms | Open to the public from 4:30pm to Dusk |
| Playground | Open to the public from 4:30pm to Dusk |
| Splash Pad | Open to the public from 4:30pm to 7:30pm (Through September 30) |
| Hockey Rink | Open to the public from 6:00pm to Dusk |
| Tennis Courts | Open to the public from 4:30pm to Dusk |
| Shuffleboard | Open to the public from 4:30pm to Dusk |
| Bocce Ball | Open to the public from 4:30pm to Dusk |

The only exceptions to this will be for specific Parks and Recreation sponsored activities, or for individuals utilizing the walking trail that passes through the park.

Park signage will be updated to reflect the above changes. Any questions on the accessibility of park amenities may be directed to the Parks and Recreation Department at 910-295-2817.

Rassie Wicker Park Playground Opens

The inclusive playground at Rassie Wicker Park is now open! This was a collaborative effort between the Parks and Recreation Department and Moore County Schools to provide an expanded playground footprint with accessible play features and surfacing. Renovations began in mid-May and the playground opened the last week of June.



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Cannon Park Community Center Update

Construction on the 19,693sf Community Center at Cannon Park continues to move forward with significant progress on the building itself while site work is scheduled to pick up in intensity in the coming weeks. Parking lot grading, site utilities for water and sewer lines, the standing seam metal roof and interior drywall have all started and some will be completed within the next 30 - 45 days.

Once open, the Center will be home to Parks and Recreation Department offices, and all program registration, facility rentals for athletic fields, shelters and the Arboretum will be managed from this new location. Also inside will be a full size

gymnasium, a multi-purpose room, small kitchen for use with classes and catering small rentals, an arts and crafts room, program room and a wellness room (no exercise equipment will be in this space).

As we get closer to the anticipated opening of the facility in early November, the department will release a facility brochure with new program offerings, rental opportunities and rates, and use policies and guidelines.

Please visit www.vopnc.org/communitycenter for project updates and pictures of our progress to date!



Events at the Pinehurst Harness Track 200 Beulah Hill Road South | 910-420-1628

| | | | | |
|------------------------------------------------|-------------------------|-----------------|----------------|--------------|
| Cool Down Dressage Show | August 30 - September 1 | Morning | Kay Whitlock | 910-692-8467 |
| Pinehurst Fall Dressage | September 21 - 22 | All Day | Cassidy Sitton | 618-201-3290 |
| Eastern Zone Regional Polocrosse Championships | September 28 - 29 | All Day | Michele Lahr | 910-585-2562 |
| Standardbred Training Season | October 15 - May 1 | 7:00am - 1:00pm | Scotty Freeman | 910-420-1628 |
| Dressage Schooling Show | January 5 | All Day | Cassidy Sitton | 618-201-3290 |
| Dressage Schooling Show | January 19 | All Day | Cassidy Sitton | 618-201-3290 |

Events at the Fair Barn 200 Beulah Hill Road South | 910-295-0166 | fairbarn@vopnc.org

HOMECOMING FUNDRAISER

Presented by: The Carolina Philharmonic

For more information, contact the Carolina Philharmonic at 910-687-0287 or visit their website at www.carolinaphil.org.

Date: September 14

HARVEST FUNDRAISER

Presented by: Family Promise of Moore County

Silent and live auctions along with food from some of Moore County's best restaurants, all to benefit Family Promise of Moore County.

For more information, contact the Family Promise of Moore County at 910-944-7149 or visit their website at www.familypromise.org

Date: October 10 | Time: 6:00pm - 9:00pm

DANCE FIT FOR A CURE

Presented by: Forte Fitness

Join us in the fight against breast cancer! For more information, visit www.fortefitnessgym.com

Date: October 25 | Time: 5:00pm - 10:00pm

GIVENS/TUFTS LOW COUNTRY BOIL FUNDRAISER

Presented by: Givens Memorial Library/Tufts Archives

For more information, call 910-295-6022 or visit their website at www.giventufts.org

Date: October 31

PURSE BINGO

Presented by: The Academy of Moore County PTO

This event is The Academy of Moore County's biggest annual fundraiser!

For more information, call 910-757-0401 or visit www.facebook.com/pursebingofundraisertamc

Date: November 2 | Time: 5:30pm - 10:00pm

BACKPACK PALS CHRISTMAS SPECTACULAR

Presented by: Food Bank of Central & Eastern NC

There is no admission fee, but love offerings will be accepted to benefit Backpack Pals of Moore County.

For more information, call 252-290-0560 or visit their website at www.foodbankcenc.org.

Date: December 5 | Time: 6:00pm - 11:00pm

CHRISTMAS EVE SERVICES

Presented by: Pinehurst United Methodist Church

All three services are free and open to the public.

For more information, call 910-215-4559 or visit <http://pinehurstumc.org/connect/special-events/>

Date: December 24 | Time: 4:00pm, 6:00pm, and 8:00pm

We would love to host your next event at the Fair Barn! Contact us at 910-295-0166 or visit www.thefairbarn.org.

SPECIAL EVENTS

September to January

SEPTEMBER

SEPTEMBER: PINEHURST LIVE AFTER 5

The Band of Oz is sure to bring fun and excitement! We are going to fill the park with live music, dancing, and activities for the kids. Food trucks will be on-site with a wide selection of food for all to enjoy. Beer, wine, and additional beverages will also be available for purchase. Picnic baskets are allowed, however, outside alcoholic beverages are not permitted. The entire family is sure to enjoy this FREE event! Don't forget to bring your lawn chairs, blankets, and dancing shoes!

Friday, September 13 | Tufts Memorial Park

5:15pm - 5:50pm Tony Barnes

6:00pm - 9:00pm The Band of Oz

EATS, BEATS & BREWS

Who's ready for a food truck rodeo? Eats, Beats & Brews returns to the Arboretum with a variety of your local favorites while bringing new tastes to town! Wine and craft beer will be available for purchase, but outside alcoholic beverages are not permitted. Live entertainment throughout the night and children's activities will ensure a fun time for all! Don't forget to bring your lawn chairs, blankets, and appetite!

Saturday, September 21 | Village Arboretum

5:00pm - 7:00pm Heads Up Penny

7:00pm - 9:00pm Minutes and Years

SANDHILLS FARMERS MARKET

The Sandhills Farmers Market features some of the many wonderful farms, nurseries, bakeries, meat and egg providers, cheesemakers, and specialty food producers our area has to offer.

For more information visit: www.moorefarmfresh.com

Saturday: 10:00am - 1:00pm through September 28

Tufts Memorial Park

OCTOBER

FIRST ANNUAL FLUTTERBY FESTIVAL

Tour the new Pollinator Garden at the Village Arboretum and learn about pollinators and the plants that attract them. Step into the magical Monarch butterfly tent where you will be surrounded by newly-emerged Monarch butterflies and then help release them to join the great migration to Mexico. Music provided courtesy of the Carolina Philharmonic, exhibits and information from local organizations, food vendors, kids' activities, and information on how to create your own pollinator garden. Organized by the Village Heritage Foundation with support from the Village of Pinehurst.

Saturday, October 5 | Village Arboretum

11:00am - 2:00pm

OCTOBER: PINEHURST LIVE AFTER 5

Join us for the last concert of the 2019 Live After 5 Series! Bantum Rooster will be back with a blend of classic rock, beach, funk, dance mix and top 40 hits! Food trucks will be on-site. Beer, wine, and additional beverages will be available for purchase. Picnic baskets are allowed, however, outside alcoholic beverages are not permitted.

Friday, October 11 | Tufts Memorial Park

5:15pm - 5:50pm TBD

6:00pm - 9:00pm Bantum Rooster

Thanks to the Kids' Zone Sponsor!



Special thanks to our Live After 5 sponsor!



Martha Gentry's Home Selling Team

RE/MAX Prime Properties • www.marthagentry.com

HOLLY ARTS AND CRAFTS FESTIVAL

The Pinehurst Parks and Recreation Department is proud to sponsor the annual Holly Arts & Crafts Festival presented by the Pinehurst Business Partners. The festival combines the talents of over 200 hand-crafters in a variety of genres—from woodworking to glass, stitched art to lawn ornaments, hand-crafted jewelry to metal sculpture. Downtown shops offer sales and specials and a food court will have a variety of offerings.

For more information about the event, visit www.pinehurstbusinesspartners.com.

Saturday, October 19 | Village Center | 10:00am - 4:00pm

FALL FESTIVAL

The Pinehurst Parks and Recreation Department is proud to sponsor this annual fundraising event for Pinehurst Elementary School. There will be games, bounce houses, pony rides, a costume contest, and more! Tickets are on sale for \$10 each and will be \$15 at the door, which includes access to all the games and activities. Before and during the event you can buy raffle tickets for the chance to win a Disney vacation!

For ticket sales, contact the Pinehurst Elementary School PTA at pinehurstelementarypta@gmail.com.

Friday, October 25 | Cannon Park | 5:00pm - 8:00pm

OKTOBERFEST

Oktoberfest returns to Tufts Memorial Park this October! The evening kicks off with Kinderfest, a fun festival for children and families to enjoy. There will be games, crafts, and a Halloween costume show-off. Following Kinderfest, we'll have traditional Oktoberfest activities from 6:00pm-9:00pm featuring German music, a stein-holding contest, and stein relay races. Traditional German food and beverages will be available to purchase throughout the day!

Saturday, October 26 | Tufts Memorial Park

4:00pm - 6:00pm Kinderfest

6:00pm - 9:00pm Oktoberfest

NOVEMBER

TURKEY TROT

The FirstHealth Pinehurst Turkey Trot, presented by the Village of Pinehurst, gives runners the chance to trek through the streets and residential neighborhoods of our beautiful Village.

More information about the event can be found at www.setuevents.com.

Saturday, November 23 | Village Arboretum

DECEMBER

CHRISTMAS TREE LIGHTING

Once a year, the Village of Pinehurst comes alive with holiday spirit at the annual Christmas Tree Lighting. Join us for music, holiday cheer, cookie decorating, kids' holiday crafts, and of course, the chance to see Santa! Enjoy holiday fun from 5:00pm-7:30pm and the official lighting of the tree is scheduled for 6:30pm. This is a free event for your family to enjoy, but food and beverages will be available for purchase. Canned goods and non-perishable items will be collected for the Food Bank of Central & Eastern North Carolina (Sandhills Chapter). We will be raffling off the 2019 Village of Pinehurst Christmas ornament and the only way to get a ticket is to bring in a canned good for the fundraiser!

Parking will be made easy with free shuttles to and from the event! Please visit www.vopnc.org/events for more information on shuttles and scheduled activities.

Friday, December 6 | Tufts Memorial Park

5:00pm - 7:30pm

JANUARY



PINEHURST PAINTS WITH WINE & DESIGN

Enjoy a relaxing night at the Fair Barn with light hors d'oeuvres, wine, painting, and fun. Make it a date night with your significant other or a girls' night out with friends! Wine & Design Southern Pines will lead the class in a fun and easy painting. Beverages will be available for purchase, but outside alcoholic beverages are not permitted. More details and ticket sales will be available closer to the event date, so stay tuned to our Facebook page (www.facebook.com/vopnc)! Ticket price includes class, canvas, hors d'oeuvres, and one beverage ticket.

This event is open to those ages 21 and up. For more information, contact Megan McDonald at mmcdonald@vopnc.org.

Saturday, January 25 | The Fair Barn

6:00pm - 9:30pm | Cost: \$20

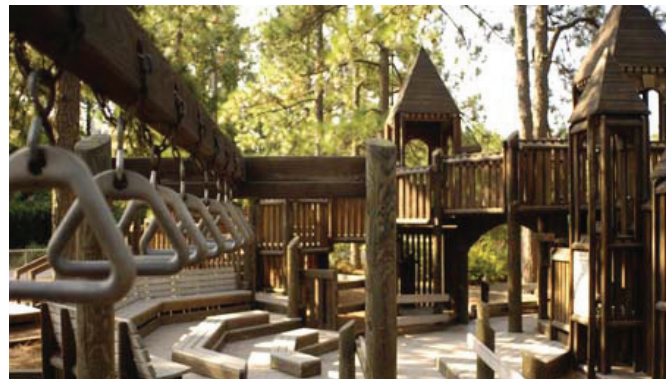
PARKS, TRAILS, & FACILITIES

Our parks and greenway trails offer a wide range of activities, including soccer/baseball fields, picnic shelters, an in-line hockey rink, a disc golf course, a splash pad, and miles of greenway trails. In addition, many of our facilities are available to rent for parties, weddings, and special events.



THE RECREATION ROOM

The Recreation Room is home to many of our programs including yoga, tai chi, and painting classes. The "Rec Room" is located at 300 Kelly Road, Ste. A.



CANNON PARK

Cannon Park is a 15-acre facility with 4 restrooms, 2 baseball/softball fields, a covered picnic shelter, walking trails, a small practice soccer field, and is home to Camelot Playground. The new Community Center is currently under construction on this site.



WICKER PARK

Wicker Park is a 103-acre facility with 2 shuffleboard and 2 bocceball courts, 2 tennis courts with pickleball lines, a soccer field, an in-line hockey rink, a playground, a Splash Pad, paved walking trails, brick sidewalks, an expanded trail system and concession stand/restroom facility.



THE ARBORETUM

Wicker Park is also home to the 33-acre Arboretum developed by the Village Heritage Foundation. The Arboretum's Gardens and Timmel Pavilion may be reserved for weddings, receptions and other events.



THE DISC GOLF COURSE

The Village of Pinehurst Disc Golf Course is an 18-hole course located at 861 Chicken Plant Road. Parking is available at West Pinehurst Community Park.



THE PINEHURST HARNESS TRACK

The Pinehurst Harness Track is a 111-acre equestrian facility and winter training center for Standardbred horses. The facility hosts several shows and events throughout the year.

View upcoming events on page 5



THE FAIR BARN

The ever-popular Fair Barn, located on the grounds of the Harness Track, was built in 1917 and is the oldest surviving early twentieth-century fair exhibition hall in North Carolina. This renovated barn serves as a multi-purpose community gathering place for receptions, private parties, rehearsal dinners and weddings.

View upcoming events on page 5

Interested in teaching?

Join the Parks and Recreation Team! Do you have knowledge and skill in a particular area that you would enjoy sharing with others? If so, we'd like to hear your creative and exciting ideas. Contact us at 910-295-2817.



THE PINEHURST GREENWAY SYSTEM

The Pinehurst Greenway System currently has 7.6 miles of trail. If you would like information on the location of future phases, please call the department for more information.

Please note that trails are for pedestrian and bicycling access only. Motorized vehicles, such as golf carts, are prohibited on the trails. Violators are subject to fines and penalties as set forth in the Village of Pinehurst Municipal Code.

See the Greenway Map on pages 10-11

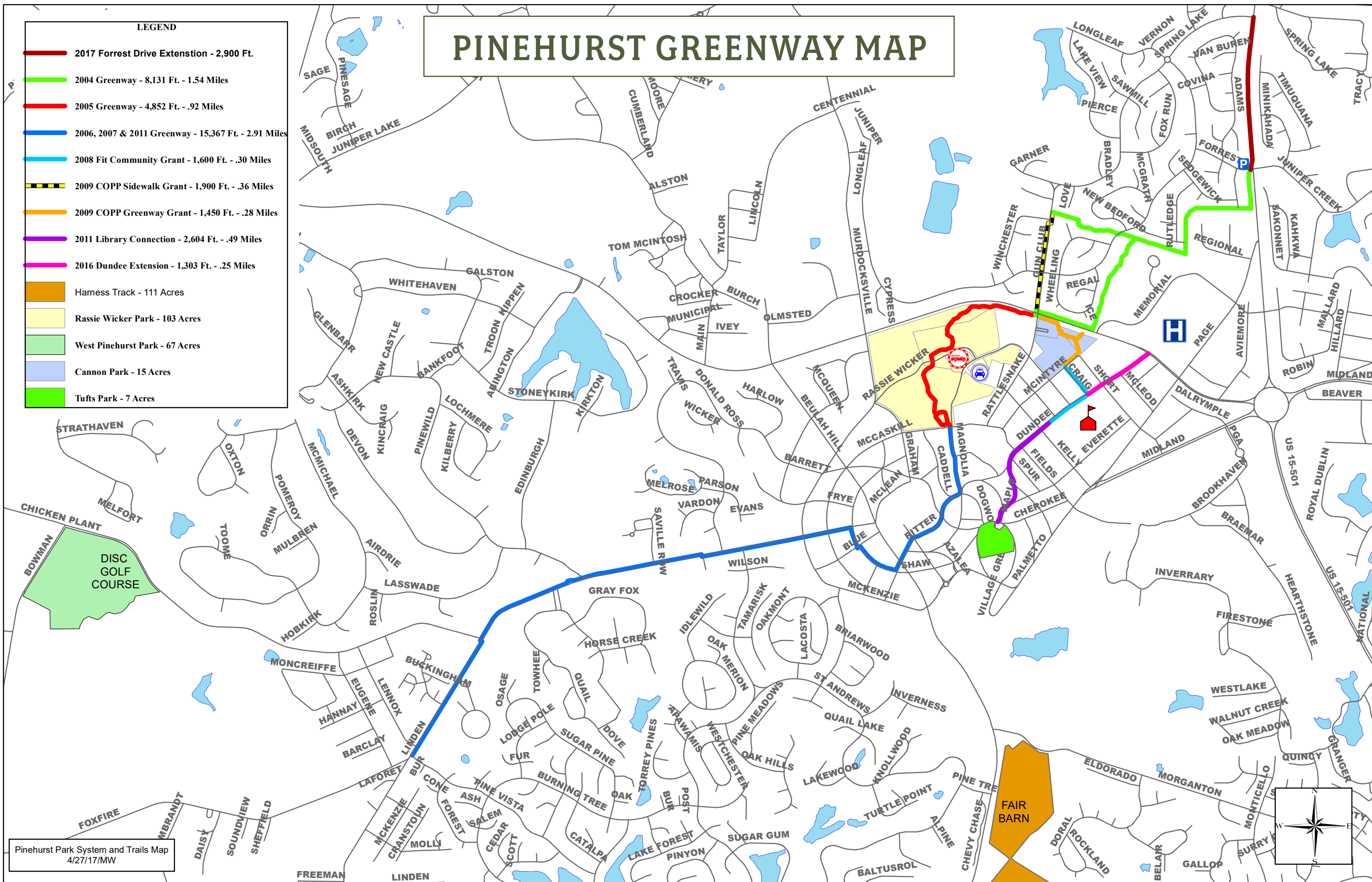


TUFTS MEMORIAL PARK

Tufts Memorial Park is located in the heart of the Village center and features a beautiful open green space with benches and picnic tables around the perimeter of the park. Tufts Park is home of the popular Pinehurst Live after 5 Concert Series, weekly farmers market, and other special events throughout the year.

PINEHURST GREENWAY MAP

- LEGEND**
- █ 2017 Forrest Drive Extension - 2,900 Ft.
 - █ 2004 Greenway - 8,131 Ft. - 1.54 Miles
 - █ 2005 Greenway - 4,852 Ft. - .92 Miles
 - █ 2006, 2007 & 2011 Greenway - 15,367 Ft. - 2.91 Miles
 - █ 2008 Fit Community Grant - 1,600 Ft. - .30 Miles
 - █ 2009 COPP Sidewalk Grant - 1,900 Ft. - .36 Miles
 - █ 2009 COPP Greenway Grant - 1,450 Ft. - .28 Miles
 - █ 2011 Library Connection - 2,604 Ft. - .49 Miles
 - █ 2016 Dundee Extension - 1,303 Ft. - .25 Miles
 - Harness Track - 111 Acres
 - Rassic Wicker Park - 103 Acres
 - West Pinehurst Park - 67 Acres
 - Cannon Park - 15 Acres
 - Tufts Park - 7 Acres



ATHLETICS

Adult & Youth

The Village annually provides 189 recreational programs serving approximately 5,000 participants. For questions regarding athletics, contact Athletic Coordinator Dave White at dwhite@vopnc.org.



ADULT: WIFFLEBALL LEAGUE

This exciting league is for adults 18 and older. The league will register by teams and two divisions will be offered: co-ed and all males. Divisions may be adjusted depending on league interest. The league will play indoors at the NEW Community Center.

Visit www.pinehurstrec.org or contact Dave White at dwhite@vopnc.org for more information on dates, times and specific rules.

ADULT: INLINE HOCKEY

The inline hockey rink will be open Wednesday and Sunday evenings, 8:00pm-10:00pm for adults ages 18 and over.

Registration is required and can be completed online at www.pinehurstrec.org. For more information and the current schedule, please contact dwhite@vopnc.org.



YOUTH: BASKETBALL LEAGUE

Come join us for the inaugural basketball season in our NEW Community Center! This program is for girls and boys ages 5 – 15 to have FUN while learning the basic fundamentals of basketball. Age will be determined as of January 1, 2020. Player evaluations will be utilized for ages 9 – 15 and a player draft will be held for those age groups.

Anyone interested in coaching should indicate so while registering. Visit www.pinehurstrec.org for more information on dates and times.

Registration Deadline:

November 4, or until the league is full

First Practice: December 7

League Fee: \$20 Residents, \$40 Non-Residents

YOUTH: AC SANDHILLS FALL LACROSSE

AC Sandhills' girls' fall lacrosse program is co-sponsored by the Pinehurst Parks and Recreation Department. Kinderlax, 9U, 12U and 15U divisions will be offered.

Registration and more information can be found online at www.acsandhills.com.

SANDHILLS OFFICIALS ASSOCIATION

The Sandhills Officials Association is recruiting officials for the coming year. No experience is necessary, and training will be provided. Sports currently offered: football (flag and tackle), baseball, softball, basketball and kickball.

If interested, contact JC Frye at jamescfrye@gmail.com.



YOUTH: TENNIS LESSONS – NEW FORMAT!

Instructor Steve Musgrove and The Lawn & Tennis Club of North Carolina have been working with the Pinehurst Parks & Recreation Department to start a sustainable, year-round tennis program that will make an impact on youth tennis players in the community. Sessions are now six weeks long and will be held at The Lawn & Tennis Club of North Carolina. Lessons are offered year-round, so stay tuned for future dates.

Pre-registration is required, so register today online, in-person, or over the phone!

Session Dates, Tuesdays:

September 10 – October 15

October 29 – December 10 (No Class November 26)

Session Dates, Thursdays:

September 12 – October 17

October 31 – December 12 (No Class November 28)

Times:

Ages 5 – 6: 3:30pm – 4:00pm

Ages 7 – 8: 4:00pm – 5:00pm

Ages 9 – 12: 5:00pm – 6:00pm

Cost: Ages 5 – 6: \$25, Ages 7 – 12 \$40



YOUTH: SANDHILLS OPTIMIST CLUB

The Sandhills Optimist Club administers youth baseball in the spring and youth tackle/flag football in the fall, which is co-sponsored by the Pinehurst Parks and Recreation Department

Contact Sandhills Optimist directly for registration deadlines and additional information at www.sandhillsoptimist.com

YOUTH: COACH PITCH BASEBALL, FALL LEAGUE

Co-sponsored with the Kiwanis Club of the Sandhills, this league is for boys and girls ages 5 – 7 as of August 31, 2019. The emphasis is on FUN and skill development in a pressure free environment. No score is kept during games and all youth in attendance are guaranteed to play. All practices and games are held twice weekly on Mondays and Wednesdays at Cannon Park. Coaches will notify parents about the first practice time after the Coaches Meeting. Anyone interested in coaching should indicate so during registration.

Registration Deadline: Friday, August 30 at 5:00pm or until the league is full, whichever comes first.

Coaches Meeting: September 4 at Pinehurst Village Hall at 6:00pm.

First Practice: Monday, September 16 at Cannon Park

Cost: \$20 Residents \$40 Non-Residents



YOUTH: FLAG FOOTBALL LEAGUE, EXPANDED AGE GROUP

This flag football league is a great way for youth ages 9 – 15 to spend their fall evenings. Three divisions will be offered. Three divisions will be offered; Ages 9 – 10, 11 – 12 and 13 – 15. We will use the NFL Flag Football Regulations and practices and games will be held at Cannon Park on Monday and Wednesday evenings. The league will play with Southern Pines and Aberdeen depending on participation numbers and will utilize their facilities for some games and/or practices.

Registration Deadline: August 30 at 5:00pm or until the league is full, whichever comes first.

Coaches Meeting: September 4 at Pinehurst Village Hall at 7:00pm.

First Practice: Monday, September 9 at Cannon Park

Cost: \$20 Residents; \$40 Non-Residents

ADULT PROGRAMS



DIGITAL PHOTOGRAPHY FUNDAMENTALS

This class will be taught by John Patota, a well-known local photographer who has over 40 years of experience capturing high quality images. By the end of this course, students have taken their digital photography from good to great! Classes will include discussions and demonstrations on composition, camera settings, exposure triangle, lenses, flash, night sky, and post processing. Students will be encouraged to share their work with the class.

Session Dates:

Wednesdays, September 11 – October 30

Time: 6:00pm – 9:00pm

Cost: \$130 Residents, \$260 Non-Residents

Recreation Room | Minimum 6, Maximum 12

THERAPEUTIC DRAWING

This class is designed to encourage one to create, build composition skills, and expand imagery to enhance one's creative eye. Students will learn basic drawing and how to illustrate with pencil and ink to create recognizable artwork. No experience is necessary and all materials are included with class. Taught by local artist and historian Larry Kleinhenz.

More details on sessions coming this Fall.

Cost: \$60 Residents, \$120 Non-Residents

Recreation Room | Minimum 8, Maximum 15

Painting Classes

Taught by Eileen Strickland, a well-known local artist and instructor, classes include students of all experience levels. Instruction covers basic information on materials, techniques, color theory, compositions, color mixing, and problem solving. Students will be guided through an entire painting process and receive individual instruction along with demonstrations and critiques.

Class 1: All Media (Wednesdays)

Class 2: Oils and Acrylics (Thursdays)

August Sessions:

Class 1 August 28 – October 2

Class 2 August 29 – October 3

October Sessions:

Class 1 October 16 – November 20

Class 2 October 17 – November 21

December Sessions:

Class 1 December 4 – January 22 (no class 12/25, 1/1)

Class 2 December 5 – January 23 (no class 12/26, 1/2)

Class Time: 1:00pm – 4:00pm

Cost: \$52 Residents, \$104 Non-Residents

Recreation Room | Minimum 15, Maximum 18

TAI CHI

This course is taught by Lee Holbrook, a Tai Chi Master Instructor with over 49 years of experience in the Asian Arts, with 33 of those years focused in Tai Chi. Participants will have the chance to learn three styles of Tai Chi: Yang, Wu, and Beijing. This effective exercise increases body awareness, coordination, and longevity while strengthening immunity. People of all levels can enjoy this peaceful morning workout. Every session includes a Qi Gong gentle warm-up starting in sitting position and moving to standing position.

September Session:

September 25 – October 30

November Session:

November 13 – January 15 (no class 11/27, 12/4, 12/25, 1/1)

January Session:

January 29 – March 4

Class Time: Wednesdays, 10:30am – 11:30am

Cost: \$33 Residents, \$66 Non-Residents

Recreation Room | Minimum 8, Maximum 24

INTERMEDIATE TAI CHI

This class is for participants who have a basic knowledge of Tai Chi and would like to continue learning. Class will focus on refining the Yang style Tai Chi Form. Participants will also learn a new Tai Chi Form called the Beijing Form, an Ancient Qi Gong form, as well as the Tiger Mountain Qi Gong form for improving the immune system. Lee Holbrook will instruct this course.

September Session:

September 26 – October 31

November Session

November 14 – January 16 (no class 11/28, 12/5, 12/26, 1/2)

January Session

January 30 – March 5

Class Time: Thursdays, 11:30am – 12:30pm

Cost: \$33 Residents, \$66 Non-Residents

Recreation Room | Minimum 8, Maximum 24



Soul Kindling Join Intentional Creativity

Teacher Ally Markotich as she guides you through a restorative art process. No experience necessary for these classes. Ally's sole focus is on encouraging her participants to explore their own creativity.

(INK)QUIRY: A SKETCHBOOK ENCOUNTER

If you're like me, there have been times when your sketchbook sits nearby with no engagement. Yet, the sketchbook is an amazing tool to help us listen to our life. Join Ally as she guides you through a creative encounter with your sketchbook where we work with prompts, inks and collage to help you dive in inquiry. (Ink)quiry is for those who are looking to ignite imagination, playfulness into and a daring to encounter surprise. All you need is a sketchbook and an open heart.

Date: Tuesdays, September 10 – October 8

Time: 10:30am – 11:45pm

Cost: \$65 Residents, \$130 Non-Residents

Recreation Room | Minimum 3, Maximum 12



CARD MAKING CLASS

Join local resident, Susan Rodgers, as she teaches the art of making your own greeting cards. Each participant will make three cards of their own during each class session for that special someone. All supplies are provided. Cards can be themed to holidays, special occasions, well wishes, etc.

Class 1: November 14

Class 2: December 12

Time: 10:00am – 12:00pm

Cost: \$20 Residents, \$40 Non-Residents

Recreation Room | Minimum 4, Maximum 10

Three Easy Ways to Register

① ONLINE

www.pinehurstrec.org

② IN PERSON

Registrations are accepted at the front desk of Village Hall, 395 Magnolia Road.

③ BY PHONE

Call 910-295-1900 and have your credit card ready to register by phone during business hours.

Yoga Classes

We are pleased to offer many yoga courses in the Hatha yoga style this program season. Yoga emphasizes alignment, good posture, breath control, strength, flexibility and mobility.

CHAIR YOGA

In this class, participants are primarily seated and use a chair for balance, which is ideal for those with chronic conditions, balance issues, or lower body challenges that affect the ability to get up and down. Class will be taught by Darlind Davis.

October Session: October 4 – November 8

November Session: November 22 – January 10
(no class 11/29, 12/27)

Class Time: Friday, 9:00am – 10:00am

Cost: \$40 Residents, \$80 Non-Residents

Recreation Room | Minimum 6, Maximum 12

BASIC HATHA YOGA

Instructor Darlind Davis, a graduate of the Ramchandra Yoga Center, will teach this course. These classes are designed for those who may not have had previous exposure to yoga, but are eager to learn. The beginner student will receive slow-paced direction and a great level of detail so they can become familiar with basic yoga poses and the use of the breath.

October Session:
October 2 – November 6

November Session:
November 20 – January 15 (no class 11/27, 12/25, 1/1)

January Session:
January 29 – March 4

Class Time: Wednesdays, 9:00am – 10:00am

Cost: \$40 Residents, \$80 Non-Residents

Recreation Room | Minimum 6, Maximum 12

EVENING SESSIONS

September Session:
September 10 – October 15

October Session:
October 29 – December 10 (no class 11/26)

January Session:
January 7 – February 11

Class Time: Tuesdays, 5:30pm – 6:30pm

Cost: \$40 Residents, \$80 Non-Residents

Recreation Room | Minimum 6, Maximum 12

Fit4Mom Pinehurst

FIT4MOM believes in the power of moms and seeks to inspire "Strength in Motherhood" with fitness classes designed with mom in mind.

STROLLER STRIDES

Stroller Strides® is a total fitness program that moms can do WITH their babies. It includes running/walking/jogging and strength training using resistance bands, light weights, your stroller, and the environment. Taught by certified fitness instructors with specialty training in the pre- and post-natal women, it is a great workout for ANY level of exerciser.

STROLLER BARRE

Stroller Barre® is a unique blend of ballet, Pilates, barre, yoga and stroller-based exercises incorporated with everything our moms love about Stroller Strides®. This workout is designed to help moms build strength and muscle tone and improve posture all while their little ones are in tow. Created by a mom who was formerly a professional ballerina, this class incorporates prenatal and postnatal training and yields amazing results in an exciting, fun format.

Stroller Strides and Stroller Barre instructors weave songs and activities into the routine designed to engage and entertain baby, while moms are led through a series of exercises specific to her role as mom.

BODY BACK

Body Back® is our child-free program. It is a results-based workout designed for those who are ready to take their fitness and vitality to the next level. Our eight-week program helps you transform your health, gain strength, and improve your nutrition. No magic pills or gimmicks. Just hard WORK, REAL results, and accountability. ALL FITNESS LEVELS ARE WELCOME.

Body Back® 8-Week Session includes:

- Two Body Back Classes Per Week: High Intensity Interval Training
- Nutrition Coaching and Support Online
- Meal Planning and Recipes
- Before/After Photos, Fitness Assessments & Measurements
- Private Facebook Group for Ongoing Support
- Small group setting (maximum of 10 clients per session)

Follow us on Facebook at FIT4MOM Pinehurst and visit us at pinehurst.fit4mom.com for more information on class times.

SENIOR ADULT PROGRAMS 50+

Senior's Day Trips Out

Calling everyone who likes to travel! Join us on fun and interesting outings as we explore all the amazing things our state has to offer. All trips will depart from/return to Village Hall.

SEPTEMBER 5: THOMAS POTTERY

If you can't wait to get your hands on some wet clay, now's the time! This behind-the-scenes pottery experience is fun, educational, and a creative way to spend time creating your own masterpiece. Enjoy a private clay party with Thomas Pottery and create your own piece to take home.

Time: 9:00am – 5:00pm

Cost: \$42 Residents, \$84 Non-Residents
(Includes transportation and pottery expense. Bring money for lunch)

Minimum 6, Maximum 14

SEPTEMBER 25: MAMA MIA AT CAPE FEAR REGIONAL THEATRE

"ABBA's hits tell the hilarious story of a young woman's search for her birth father. This sunny and funny tale unfolds on a Greek island paradise. On the eve of her wedding, a daughter's quest to discover the identity of her father brings three men from her mother's past back to the island they last visited 20 years ago. The story-telling magic of ABBA's timeless songs propels this enchanting tale of love, laughter and friendship, creating an unforgettable show. A mother. A daughter. Three possible dads. And a trip down the aisle you'll never forget!"

Time: 10:30am – 6:00pm

Cost: \$32 Residents, \$64 Non-Residents
(Includes transportation and show ticket. Bring money for lunch.)

Minimum 6, Maximum 14

OCTOBER 10: AVA GARDNER MUSEUM & SMITHFIELD'S CAROLINA PREMIUM OUTLETS

Join us on our trip to Smithfield as we discover who the real Ava Gardner was. During our tour at the museum, you will see movie posters, extraordinary costumes, and awards that represent Ava's 50-year career as a leading Hollywood actress. We will enjoy lunch and a chance to explore the Carolina Premium Outlets.

Time: 8:30am – 5:30pm

Cost: \$22 Residents, \$44 Non-Residents
(Includes transportation and museum admission. Bring money for lunch.)

Minimum 6, Maximum 14

OCTOBER 24: NC STATE FAIR

Nothing could be finer than to be at North Caroliner State Fair! Let us do the driving so you can spend an enjoyable day sightseeing at the fair. Those ages 65 and better get in free, under 65—bring six cans of food to benefit Food Lion's Hunger Relief as your admission.

Time: 8:30am – 5:00pm

Cost: \$11 Residents, \$22 Non-Residents

Minimum 6, Maximum 14

NOVEMBER 21: THE HOUSE IN THE HORSESHOE AND SOUTHERN SUPREME FRUIT CAKE FACTORY

Take a tour of this plantation home featuring fine antiques from the colonial and Revolutionary War eras. Afterwards, we will head over to the Southern Supreme Fruit Cake Factory for some Christmas goodies.

Time: 9:30am – 4:30pm

Cost: \$7 Residents, \$14 Non-Residents

Minimum 6, Maximum 14

DECEMBER 5: "AWAY IN A BASEMENT" AT TEMPLE THEATRE

Join us as we go back to 1959 with the Church Basement Ladies. You won't want to miss their hilarious antics and subtle charm that is guaranteed to get you in the holiday spirit.

Time: 10:30am – 5:30pm

Cost: \$29 Residents, \$58 Non-Residents
(Includes show ticket and transportation, bring money for lunch.)

Minimum 6, Maximum 14

SPECIAL NEEDS PROGRAMS

THE REC-ING CREW SOCIAL CLUB

This is an inclusive program to give young adults with special needs a chance to socialize. Each month we will focus on a different group activity and light refreshments will be served. In order to participate, club dues must be paid in advance. Dues payment covers all sessions.

October 9: Halloween Crafts

November 6: Cooking Class

December 4: Christmas Stockings

January 8: Table Games

February 12: Sweet Treats and Card Making

March 11: Movie and Pizza Party

Time: 4:00pm – 5:30pm

Cost: \$20 Residents, \$40 Non-Residents

Recreation Room | Minimum 5, Maximum 14

ABILITIES TENNIS PROGRAM

Pinehurst Parks and Recreation is excited to collaborate once more with the Abilities Tennis Association of North Carolina. These clinics are for all levels of play, whether learning the basics or a seasoned athlete with Special Olympics. This fall, these clinics will work with Special Olympics Moore County to bring more opportunities for competitive play. The first half of the clinic will be open to anyone who'd like to experience tennis. The second half will be geared more toward training for the 2019 Special Olympics North Carolina Fall Games in November.

All participants must pre-register with the recreation department. Parents/Caregivers are asked to stay for participants under 18.

Date: Sundays, September 8 – October 20

Time: 5:00pm – 7:00pm | **Location:** Rassie Wicker Park

HALLOWEEN COSTUME DANCE

Calling all ghosts and goblins! Join us for a haunting good time at our annual Halloween dance co-hosted with the Arc of Moore County. There will be dancing, food, and a costume contest!

Tickets must be purchased in advance, 910-692-8272.

Date: Wednesday, October 16 | **Time:** 6:00pm – 9:00pm

Cost: \$10 per person | **Location:** The Fair Barn



THE DAY TRIPPERS

This program was designed for participants to get out and explore what North Carolina has to offer. Group will depart from and return to Assembly Hall.

October 11: Mystery Trip

Where in NC will we go? Participants will be given a list of clues to help us determine where we are heading. Once we arrive at our destination we will do lunch (bring money to cover) and then we will finish our scavenger hunt on-site. This is sure to be a fun treat for all!

Time: 10:00am – 3:30pm

Cost: \$12 Residents, \$24 Non-Residents

Minimum 6, Maximum 14

OUR STATE DINERS CLUB

Join us as we hit the road to discover some of NC's highest ranked and oldest restaurants. It will be a history lesson and good food all in one. Each month a specific type of food will be the focus for our journey. Many of these have been featured in Our State magazine. So bring your appetite and get ready to leave with a smile on your face.

September 13: The Quest for the Best Cheeseburger at Johnson's Drive-In, Siler City

Family owned and operated since 1946, you won't want to miss the chance to try their freshly made burgers. Everything is bought fresh and prepared the morning of—nothing frozen.

Time: 9:45am – 2:00pm

Cost: \$9 Residents, \$18 Non-Residents (Bring cash for lunch).

Minimum 6, Maximum 14

October 4: The Quest for the Best Fried Chicken at Magnolia 23, Asheboro

Magnolia 23 is known for its fried chicken and southern sides and has been called "Soul food, the real deal." Ranked in the Top 100 in the entire US, this is a treat you can't miss.

Time: 10:00am-2:00pm

Cost: \$9 Residents, \$18 Non-Residents (Bring cash for lunch).

Minimum 6, Maximum 14

November 8: The Quest for the Best BBQ at Stamey's, Greensboro

Founded in 1930, Stamey's is well known for its "Lexington-style" pit-cooked BBQ. The Pitmasters come in well before dawn to the light the fire so the pork can cook for 8-10 hours. This establishment only cooks over hickory coals, you won't find electric or gas cooking methods here. They are also famous for their homemade cobblers, so save some room for dessert.

Time: 9:30am – 2:00pm

Cost: \$11 Residents, \$22 Non-Residents (Bring cash for lunch)

Minimum 6, Maximum 14

December 6: The Quest for the Best Diner/Doughnut at Sherry's Bakery, Dunn

Known as the sweetest corner in town, enjoy lunch from this local establishment but be sure to save room for one of their delicious baked fresh daily doughnuts.

Time: 9:30am – 2:00pm

Cost: \$11 Residents, \$22 Non-Residents (Bring cash for lunch).

Minimum 6, Maximum 14

Three Easy Ways to Register

① ONLINE

www.pinehurstrec.org

② IN PERSON

Registrations are accepted at the front desk of Village Hall, 395 Magnolia Road.

③ BY PHONE

Call 910-295-1900 and have your credit card ready to register by phone during business hours.

YOUTH PROGRAMS

YOUTH BIKE CLUB

Back by popular demand! Youth Bike Club is a partnership between Pinehurst Elementary and the Parks & Recreation Department and is designed for kids grades 3 – 5 who love to ride their bikes and want to learn more about cycling. We will meet each week to ride as well as learn about bike safety and handling, basic mechanics, and fitness. All riders must wear a helmet. The start date and more details will be released once everyone has had an opportunity to settle into the new school location.

YOUTH CHEERLEADING

This program is for girls to have FUN while learning cheers and routines. Age will be determined as of January 1, 2019. Girls will be put on squads and will cheer for the boys' basketball games held Thursday evenings at Pinehurst Elementary School during the months of December – February. Practices will begin in December. A cheerleading uniform and pom-poms are included in the registration fee. Please indicate on the registration form if you are interested in helping coach.

Registration Deadline: Monday, November 4

Parent Night Meeting: November 14 at 6:00pm, location TBD

Ages: 5 – 12

Cost: \$35 Residents, \$70 Non-Residents (Bring cash for lunch).

22ND ANNUAL CHRISTMAS CARD CONTEST

Calling all young artists to design the cover of the Parks & Recreation Department's Christmas card! This year's theme will be "How the Grinch Stole Christmas." Entries will be accepted until November 15. All entries must be submitted in black ink, fit on a 4" x 5" card, relate to the theme, be an originally drawn design, and have the student's name, grade, phone number and school written on the back of the entry. Prizes are awarded to the Overall Winner as well as the Outstanding Entries for each grade level. Grades 3 – 8.



Pinehurst Parks & Recreation

910-295-2817

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